

MEET THE **urbanguru**



If you're looking for something completely different, now you've found it!

The self-styled 'Urban Guru' is a modern spiritual teacher distilling ancient mysticism, into palatable and inspiring sound-bites for today's weary urban dweller.

Max Kohanzad is Manchester's top lifestyle coach with over 10 years coaching and personal development training experience.

He originally trained to be a Rabbi has studied Jewish Mysticism for over 18 years both in Seminary and in University. He regularly appears in the media and is the resident Life Coach at Soulmate Lifestyle Consultancy and Life Coach Manchester.

Max works with people who want to create positive change in their lives by transforming their self-perception, self-limiting beliefs and helping them discover greater happiness and fulfilment in life.

He specialises in the following areas:

- Lifestyle Transformation
- Success and Prosperity
- Sex, Love and Relationships
- Spiritual Purpose and Life Goals
- Dieting and Body Image
- Confidence and Communication
- Kabbalah and Spirituality
- Reducing Stress and Anxiety
- Mid and Quarter Life Crisis
- Pleasure and Addictions



If you want to have the Urban Guru on your TV show, on your radio station, at your cool event, in your magazine or newspaper or advertising your products etc... contact his holiness directly. 07877 315 216 or email: max@kohanzad.com



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